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Title of PhD: Lived Experiences of Cardiovascular Patients in Kashmir: A Sociological Study

Short Summary:

The research, “Lived Experiences of Cardiovascular Patients in Kashmir: A Sociological Study” envisages to examine how cardiovascular disease (CVD) impacts on the life of people and their families in a specific social cultural context of Kashmir. The research addresses the struggles CVD patients suffer including physical health and how this condition interferes with their socioeconomic roles and routines of everyday living. These disruptions often necessitate changes in obligations within families, workplaces, and communities thereby redefining the social identities as well as responsibilities adopted by these individuals. It further explores the networks for social support that exist for these patients to give emphasis on the essentially supportive role played by family members, friends, medical staffs or community associations in addressing chronic conditions’ demands. When one lives in a society where bonds are deeply enmeshed into cultural heritages, it becomes vital to understand these intricacies which directly relate to providing adequate assistance to those affected. Furthermore, coping mechanisms among both patients themselves and those who look after them are investigated herein so that they can adapt better to long haul problems associated with CVDs. Through examining such experiences lived by people undergoing this illness, the research provides an extensive comprehension on how CVD patients from Kashmir negotiate their way through life within wider societal context.

➤ **Current Status: Data Analysis in Progress**